

Recommended Books for Counselors and Social Workers

The following is a list of outstanding books to aid counselors and social workers. These books have stories with themes such as:

Kindness
Friendships
Grief, loss and death
Celebrating differences
Perseverance
Self-esteem and being yourself
...and much more

And What Comes After A Thousand – grief & loss
Samsara Dog – faith, death and dying
Big Little Book of Happy Sadness – finding someone who cares about you
Norman & Brenda – adult counseling, finding love
Dave and Sally – cooperation despite differences
A Friend – what makes a friend
The Fish Who Could Wish – being yourself, celebrating differences
Fox – friendship, responsibility, self-esteem
Learning To Fly – never give up, go for your dreams
What Eddie Can Do – how far imagination can take you, friendship
Singing to the Sun – self-esteem, path to happiness, gender roles
Selma – enjoying the moment, being happy and content with what you have
The Story of Growl – being yourself
Unique Monique – being yourself
Tibili – academic fears and issues
Wilfrid Gordon McDonald Partridge – bridging generations, dementia
You Be Me and I'll Be You – Mixed race families, child's struggle w/ skin color
I Don't Want To Go To Bed – Nighttime rituals, routines
Say Please - manners
Everyone Poops – normalizing body functions
The Absent Minded Toad – inattention; making a list to remember things
Could You, Would You – discussion starters
Guji, Guji – enjoying differences
Half of an Elephant – discovering the many parts of oneself
The Key to My Heart – belonging; a parent's love for their child
Marc Just Couldn't Sleep – reassuring love at nighttime
My Cat Copies Me – gaining courage, facing fears
Paul and Sebastian - friendship
Paul Needs Specs – physical differences
Sebastian's Roller Skates – shyness, voluntary muteness, gaining confidence
Slow Loris – celebrating differences
This Is The Tree – stability in our world
Why? – discussion starters
Yellow Umbrella – all music (wordless book, comes with CD), feelings, thoughts
The Sun and the Wind – boasting, trying to "one-up" your friends
The Fox and the Stork – being kind to your friends
The Fox and the Crow – beware of flatterers
Clever Rabbit and the Lion – Mind power is superior to physical strength
Lucky, A Dog's Best Friend – belonging, friendship
Sosu – physical disabilities, diversity, global awareness
Ziba Came on a Boat – immigrants, diversity, global awareness
The Boy Who Cried Wolf – honesty, importance of telling the truth

